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TWO

# SERMONS,

The One urging  
The Necessity of Receiving,  
And the other Answering all  
The Excuses for not Receiving

## THE LORD'S-SUPPER.

Published at the Request of a Religious  
SOCIETY, as Proper to be Given  
away in particular Parishes, where  
the Sin of *Non-Communicating* is so  
General and apparently Obstructing  
a *Reformation of Manners*.

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The Second Edition, Reviewed.

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SERMON the First ;  
 THE  
 Necessity of Receiving  
 THE  
 LORD'S-SUPPER.

I COR. xi. 24.

—*This do in Remembrance of me.*

**A**MONG the many Complaints made by the more Considerate and Sober Christians against the *Neglect of Duty*; we find none more *Common*, nor indeed more *Just* than those made against the Neglect of what is so expressly enjoyn'd in the *Text*, the Constant Receiving of the *Lord's-Supper*. A peculiar and unaccountable Obstinacy generally prevailing against this Ordinance. Insomuch that many continuing in a fair *Communion* with the *Church*, in all other respects and parts of the established *Publick Worship*, do seldom or never frequent this, towards which they are estranged with the *Indifferency* or *Averseness* becoming the most *Arbitrary*, or *Unreasonable Practice*; as if there was nothing of *Duty* or *Advantage* in the Ordinance; but that every Man was left to his own *Freedom*, and it were the *Wiseest Choice* not to meddle therewith.

To Correct this Error, and to endeavour to reduce Men's Minds to a better temper, I intend now to display the *Necessity* of Mens Receiving this Sacrament, imply'd in these words of our Lord, quoted by St. Paul in the *Text*; which being so very Expressive of the Obligatoriness of the *Command*, inferr or imply Arguments peculiarly *Perswasive* to an Observance, and *Dissuasive* from a sinful Omission thereof. This being Enacted most *Absolutely*. Upon the sole *Authority* of our Saviour. As his *last and dying Injunction*. For which he hath express'd a very *Particular Concern*. Wherein he hath shew'd himself very *Tender* of, and *Gracious* towards us. A Non-observance whereof greatly aggravates *Guilt*, and justly exposes to the utmost *Punishment*. All which things being duly explain'd, cannot amount to less than a Demonstration of the *Necessity* of constantly Receiving the *Lord's-Supper*, and of the Unreasonableness of Omitting it. For,

I. *This Command to do it is Absolute*, without Limitation or Exception; whereby *All* are obliged, and Liberty or Choice left to *None* to refuse it. And as our *Saviour* did not say, *Ye may do this* if you please, so neither did he mean that the *Apostles* to whom he gave this *Command*, should alone be obliged by it; they being the Representatives of the whole *Church*, and St. Paul here repeating and applying it to the *Corinthians* also; with whom all *Christians* in all succeeding Ages are comprehended. All therefore that are of the *Church of Christ*, who profess themselves his *Disciples*, who desire and hope for Salvation by his Sufferings and Death, are here spoke to, and Positively obliged to *Do this*; which therefore ought to lie as close upon every Man's Conscience, as any other Command of the *Gospel* whatsoever. None being more *Absolutely* expressed, nor thereby more intimated to be *Necessary* to be kept. He that Supinely and wilfully ventures to  
thwart



thwart the Divine Will in this Instance, may as reasonably oppose it in any other; having as much Liberty to be a *Drunkard* or *Whoremonger*, or *Murderer*, as an obstinate *Non-Communicant*; and as much reason to expect to be saved in any of *Those*, as in *This Sin*; all bearing the Guilt of *Disobedience* to a Divine Command, and only differing in some *Degree*, or *Kind*, and, it may be, having not more *Hainous Aggravations*, and liable to the same *Condemnation*. For God is angry at one Sin as well as another; and his Will is no less violated by *not doing a Command*, than by *doing what is Forbidden*; neither is there any Sin more positively and absolutely forbid, than this Duty is commanded; the Breach therefore whereof ought to be as much shun'd and dreaded, because, also,

II. *This Command is grounded purely on the Authority of Christ*; which implies a double Obligation very peculiarly obliging our Obedience to it.

1. *Because it is Enacted upon the Authority of Christ*. Who hath merited our best and utmost Services; having *Done* and *Suffered* infinitely more for our *Sakes* and *Interest*, than what he requires from us, or we can *Do* and *Suffer* for him. Whom to requite and oblige, common *Gratitude* and *Ingenuity* should suffer us to stick at nothing; since every thing we have or hope for, is owing to his *Bounty*, and purchased at his *Cost* for us. If such a Friend, upon so hard Terms cannot gain upon our Compliance with his Will; what will move Wretches so ingrateful? or whom shall we not deny, *Denying* herein *the Lord that bought us*? 2 Pet. 2. 1. So endeared and enforced is this *Command*, by the *Authority* it is Enacted upon; whereby we are *Necessitated* to a constant Receiving of the *Lord's-Supper*, upon this account peculiar to it, inhancing the Obligatoriness of the Duty. And that too,

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2. *Because*

2. *Because it is Enacted only upon Christ's Authority.* Having nothing else to recommend or urge its Ooservance. Wherein Conscience is no way, upon any other account concerned. Which therefore, is a Duty peculiar to *Christians*, and the only sure Test of their Sincerity and Love to their *Saviour*. For as for the Duties of *Temperance, Justice, Gratitude, Humility, Charity, Prayer to God* and the like; though our *Saviour* also injoynd these, yet is he not *Alone* herein, these being Duties of a long time taught before he came, to the *Jews* by *Moses* and the *Prophets*, and to the *Gentile World* by the *Light of Nature*, and *Dictate of Conscience*; whereby he had an open and ready way made for his re-establishing, and inculcating such Precepts with utmost Improvements; their Reception being made easie by Men's own Dispositions. But in this Command of the *Lord's Supper* *Christ* evidently stands alone. Whereof *Natural Reason* knows nothing, and to which no Man's *Conscience* will oblige him, but that of a *Christian*. And this seems to be the Chief, if not the only Reason, why the *Sin* of its *Omission*, is so generally committed (as we see it is) with less Horror and Regret than any other the most Notorious Villanies whatsoever. For it is not because there is less of *Sin*, but because there is no *Light of Nature* to discover the Obligation of *Duty* therein; neither is there any Motive to it but the Sense of our *Allegiance* and *Love* to the Authority of *Christ*. Compliance is also due to it purely for his Sake; and which is the strongest Bond upon all that *Love the Lord Jesus* to observe it, and the most favourable opportunity of approving Obedience to him. Nor indeed is there any other Instance thereof, whereby Sincerity can be so infallibly and acceptably testified; so that the *Neglect* or *Omission* of this Duty cannot imply less than *Disregard* to the *Person*, and *Disloyalty* to the *Authority* of *Christ*, whose *Command* it is;

is; and for whose Sake we are bound to observe it, Especially, since further,

III. *This was the last and Dying Command of Christ.* Deliver'd by him but the very Night before he Suffered, and in the same Night (as it is expressly noted before the Text) in which he was betrayed, when he had the certain Prospect of Death in his Eyes. In a Season, when Men are generally wont to be most *Sincere* and *Serious* in uttering most *weighty* and *needful* Advice; which commands both Attention and Credit; and is usually receiv'd and reverenc'd, as the most Sacred Relicks, to be religiously laid up and regarded for ever after. Nothing being esteemed more Barbarous than to slight or refuse to *Do*, unless it be something very Difficult and Unreasonable, what a dying *Man*, much more a dying *Friend* hath *Desired*; yea, (having *Authority* also) hath *Positively Commanded*. So that the very *timing* of this *Command* is a peculiar Recommendation of the *Institution*, and a powerful Motive to its Observance: And of all *dying Men*, our *Saviour* will seem to have express'd his Good-Will to the least good Purpose and Effect, to those who set at naught and will not be concluded by this his *Last Will* concerning them; so ill requiting his *Dying Love*, as not to obey his *Dying Command*.

IV. *For this also, Christ hath seemed to express a very Particular Concern*; repeating his Mind, and signifying his Desire of Establishing it even after his *Glorification*; and delivering a Charge concerning it, not only from amidst his *Agonies* on Earth, but from amidst his *Triumphs* in Heaven. Neither the extremity of *Sorrows*, nor the height of *Joys* diverting or abating his Care for his *Church* herein; who, (however slight some are pleased to account of this Sacred *Rite*.) deemed its *Command* so very material, that when our *Apostle* received his Commission immediately from him, when he was miraculously called to

preach the Gospel, it was by Name, in the most punctual and solemn manner inserted and specified, so as no other particular Part of his Office seems to have been. *I have* (saith St. Paul before the *Text*) *received of the Lord* [even by an extraordinary Revelation] *that which I also delivered unto you* [as from him] namely, *That the Lord Jesus the same Night in which he was betrayed, took Bread, &c.---And said--This Do in Remembrance of me:* Hereby intimating the *Institution* to be an Essential part of *Christianity*, which is neither truly propagated, nor established where this is not duly Practised; and which, therefore, above all other Injunctions, deserves an extraordinary Recommendation, and must necessarily require a very singular Regard, if the same *Mind* be in us, *which was also in Christ Jesus*, Phil. 2. 5. whose Esteem and Concern ought to command our Opinion and Practice in Deference and Conformity to himself herein.

V. *Herein further Christ hath shewed himself very Tender and Gracious towards us.* To *Do this* is very *Easie* and *Honourable*: To *Do it in Remembrance of Christ*, by way of *Commemoration* is *Religious*, and by way of *Covenanting* is very *Beneficial*.

I. *To Do this is a very easie Command of Christ.* It is neither *Troublesome* nor *Costly*, *Tedious* nor *Laborious*. It is nothing to the numerous expensive Ceremonies and Institutions of the *Jewish* Worship put an end to hereby, *which neither they nor their Fathers were able to bear*, Acts 15. 10. It is nothing to the Barbarities many *Heathens* submit to in their Idolatrous Worship of the *Devil*. It is nothing to what we owe, and *Christ* might justly have required from us in return for what he hath done and suffered for Us. Yea, it is nothing of more Hardship, than we could reasonably desire to have chosen our selves; less than which, they that would *Do any thing*, could not contrive to *Do*, to such important



portant Ends, and so advantageous Purposes. And therefore not to *Do* this in Obedience to *Christ*, is the height of Disobedience, in contempt of *Christian Liberty*, and of that Love which purchas'd it at so dear a rate for us. This moreover,

2. *Is Honourable to us*. It Invites us as *Christ's* own Guests to his Table, and there treats us as his Friends and Confidants with Heavenly Food and Welcome. Which is a Dignity not to have been expected, or aspired after by Man, without God's own contrivance and offer thereof to him; and which to refuse, being the Favour of one infinitely above us, is not Humility but Pride in such his Inferiours. Neither can it become Man, thirsting after Honour from the World, to despise it being proffered from Heaven; or when God condescends, to grow haughty and regardless. However.

3. *To Do this is Religious*. It is a Sacrifice of Prayer and Thanksgiving to God, and to our Saviour in Commemoration of the Love and Mercy of our Redemption. We Praise God hereby for his great and unexpressible Goodness, in sending his Son into the world to be an Expiation for our Sins, and Plead before him the vertue and merit hereof for our Pardon and Acceptance. By it we ascribe to *Christ* the Honour thereof with Joy and Thankfulness to his Memory, in Testimony of our Faith and Hope, and Trust in him, as our Lord and Saviour, being neither asham'd of his Cross, nor afraid of any Sufferings for his Sake. By it we express in visible Signs, what we think our selves bound to do in Words and Actions, even all the parts of publick *Christian Worship*, which would be very lame and imperfect without it. And therefore, the Institution of our Saviour does not confine a *Christians Doing this* to any fix'd and settled times, because it is what may be expected from them in all their publick Religious Assemblies, whenever they meet together to worship God



God and their Saviour. And so the *Apostles*, and *Primitive Christians* are observed to have Practis'd; which nothing but the Degeneracy of the Age, the decay of Christian Piety, and that little Sense Men have of the necessity and advantages of this Duty hath broke off and doth still obstruct. And therefore in *Doing this* we are by *Christ* only required and directed to *Christian Worship*; whereby our *Prayers* and *Praises*, and the other parts of our *Publick Worship* may be rendred Efficacious and acceptable, through the recommendation of that *Expiatory Sacrifice*, applied by this Institution of our *Saviour's* under the *Gospel*, as the Offering of *Sacrifices* was under the *Law*: To whose Direction for Divine Worship, it becomes and behoves us to submit, since he best knows what will please God, and is due to himself herein. Especially seeing, also, that,

4. *This is Beneficial*, by way of *Covenanting* with God hereby, in order to partake in the Benefits and Blessings, which *Christ* hath purchased by his Death, in his own appointed way, Sacramentally conveyed in these Symbols and Signs of his Body and Blood. So that we are obliged to the Observance hereof out of pure Conscience and Safety to our Souls; as necessary to support that Spiritual Life begun in *Baptism*, and to repair the Decays of Grace, that we may grow and increase in Holiness, *more and more until we come unto the Everlasting Kingdom*. For to this end not only the more Remote and accidental advantages of *Preparation* are Themselves very considerable Improvements for the security of our Spiritual State, for as much as they oblige us to *Recollection*, Fix indefinite Purposes to *consider our ways*, (that might otherwise be endlessly deferr'd,) and hereby check our Career in Sin; but also the intrinsic *Benefus* of the *Celebration* of the Ordinance it self, are much more Efficacious Helps against all  
Assaults

Assaults of Spiritual Enemies from without, and the  
 Remedy of all the Maladies of the Soul within: *Our*  
*Souls being [strengthened and refreshed by the Body*  
*and Blood of Christ, as our Bodies are by the Bread*  
*and Wine.]* New Vigour is instill'd into our weak  
 and languishing Souls, by the immortal Food duly  
 received in the Holy Eucharist. All the habits of  
*Faith* are increased and exercised hereby, and a so-  
 lemn Profession thereof made herein, not only binds  
 it more strongly on the Soul, but engageth the Di-  
 vine Blessing to help *Unbelief*. This Ordinance ex-  
 cites and urges *Repentance*, from the malignity of  
 Sin represented in our Lord's Sufferings, and by the  
 freest Mercy for Sinners remembred in his Atonement.  
 It applies and confirms the *Remission of Sins*;  
 whereof this *Sacrament* is a Sign and Pledge; and  
 obliges moreover to a very particular Forgiveness of  
 all our Enemies, which is the very Condition upon  
 which our own Forgiveness depends. It ties our  
*Union with Christ* faster and closer. It distributes  
 Sacramental Pledges of his Love. It admits us not  
 only to eat at his Table, but to feed on his Body in  
 that Spiritual manner they are exhibited to us in this  
*Sacrament* of his own Institution. It Excites the  
 Grace of *Charity* and *Love*, both towards God, and  
 towards one another; by all the Engagements of  
 Love herein remembred, and set before us. It ad-  
 vances and enlivens *Hope*, by the Sealing and assuring  
 the *Covenant* of Mercy and Forgiveness hereby to us.  
 It Heightens a Christian's *Joy*, and *Comfort* in the  
 transporting Embraces of our dearest Lord, and in  
 the Exercise of raised and refined Devotion, which  
 is the *Peace of God that passeth all Understanding*. It  
 Administers to every well-disposed Soul, the *Pledge*  
 and *Foretaste of future Glory*, which is the Blessing  
 of the breaking of Christ's *Body*, and shedding of his  
*Blood* procured for, and applied to us. In a word;  
 this Feast is to us whatever we need, *Wisdom, Righte-*  
*ousness,*

*ousness, Sanctification and Redemption*; possessing us of him who is so; and *with whom God freely giveth all things*. So that *this*, Christ hath commanded us to *Do*, is no barren or unprofitable Ceremony; but as necessary to the Life and Health of the Soul, as Bread is to that of the Body. And did Men love their Souls as they do their Bodies, they would no more neglect the *Supper of the Lord*, than their daily Food.

Thus *tender and Gracious towards us*, hath our Lord shewn himself in Commanding us so *Easie*, so *Honourable*, so *Religious* and *Beneficial* a Duty; expressing his Authority wholly in Love, and serving himself of us only in doing us good. Inasmuch that to disobey him, is Injury to our selves; and the refusal of so much Good, an infliction of the more Evil. Whence the *Guilt of Neglecting* is not less manifest than the *Duty of Receiving*, to convince us yet further, of the *Necessity* of the *Lord's-Supper*. And therefore, we add concerning this Command, That,

VI. *By the Non-Observance thereof Guilt appears to be extremely aggravated*; even beyond what ordinarily attends the breach of other Divine Precepts; whereof though none may be neglected with less *Regret*, yet are none violated with more *Guilt*: There being peculiar Aggravations rendring this such a Complicated, monstrous and uncommon Sin, that as this Consideration will justify the Infliction of the utmost Vengeance threatned against any Sin, so ought it to dissuade and deter effectually from this of neglecting to *Do this in remembrance of Christ*. For the least that can be said hereof is, That hereby the *Authority*, and *Love*, and *Wisdom* of our Lord is unworthily contemn'd; that our *Profession*, our *Baptism*, our *Faith*, and *Divine Assistance* denied; an *Offence* and *Discouragement* to good Men scandalously given; an *Inlett* to *Divisions*, to *Ignorance* and

and *Immorality* certainly laid open; and an occasion created of insupportable *Grief and Trouble* to our selves when we shall come to Die. All which things as they mightily strengthen the force of this *Command*, so will they more convincingly discover the aggravated *Guilt* of its Neglect to dissuade Men from it. Because thereby,

1. *Christ's Authority is most unworthily contemned*; whom professing to be our *Prince and Saviour*, we treat as some *Tyrant or Usurper*, with such Indignity and Rebellion as no other *Lawgiver* is wont to meet with. And while *Heathens* reverence their *Gods*, which yet are no *Gods*; whilst *Mahometans* punctually observe the *Laws of their Mahomet*; and the *Jews* the *Ordinances of Moses*, in many things, even to this day; *Christians* only, to the reproach of their Religion, have so little regard to their *Christ*, as to disobey him in this very *Command*, that hath a special Relation to the Benefit pretended to be had by him. They submit to his Will no further, than it accords with their own. They turn their backs at their pleasure upon what he *Institutes*. They account not themselves to be obliged to *Do* all he requires: which, what is this, but openly to declare, That *they will not have this Man to Reign over them*, Luke 19. 14. Such vile Affront to the *Authority*, and *Legislative Power of Christ*, doth a Customary neglect to receive the *Lord's-Supper* plainly imply. Whereby further,

2. *His Love and Kindness is no less ingratiously slighted*. Whom we shun to approach, whilst he affects and seeks *Union* with us in *Mysteries* created on purpose, descending even to our *Sensuality*; and because we want *Spiritual Appetites*, putting himself within reach of our *Natural*. Neither will we stir out of our own method, and way to meet him, but remain Inflexible to his so wonderful a Condescension, rejecting his Contrivance to engage us to  
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himself,



himself, turning our backs upon the *Memorials* of his Love, and refusing to Commemorate as he would have us, those very *Stripes*, which our Iniquities made, and by which alone we can be healed. This surely is an hardness of Heart, an Unnaturalness of Affection, never heard of among *Publicans and Sinners*, the worst Men not usually refusing to *Do good to those, who do good to them*; yet it is too Notoriously common in this Instance, among *Christians*, and renders them both the most Impious and Inhumane of Sinners. And, the more so, because hereby also,

3. *Christ's Wisdom is Audaciously reproached.* A Neglect implies a Dislike of his Ordinance; as an impertinent and needless Ceremony; not fit or worthy to be made a means of Grace and Salvation, presumed to be better obtained without it. This Ordinance, were some Men allotted to set up a Religion in the World, should never be instituted by them, as it was by their *Saviour*. Wherein is all the *Pride and Rashness*, though much more *Presumption* (upon the account of the Persons concern'd) than was express'd by the *Syrian Leper* towards the *Prophet's* Prescription for his Cure, 2 Kings v. 11, 12. Behold, saith he, *I thought, he will surely come out to me, and stand and call on the Name of the Lord his God, and strike his hand over the Place and recover the Leper. Are not Abana and Pharpar Rivers of Damascus, better than all the waters of Israel? May I not wash in them and be clean?*

4. Neither is this neglect agreeable to the Profession of a Christian; who refuses to Do what can alone distinguish him from *Jews and Pagans*. For none of the other Acts of Religious Worship are so peculiarly the Badge of Christianity, or so directly and immediately intend a Memorial of *Jesus Christ*, as this of the *Lord's-Supper*. And, therefore, for Men to say they are *Christians*, because they frequent

quent *Christian Assemblies*, and joyn in all the other parts of *Publick Worship*, is not sufficient; because this is done by *Infidels* upon occasion, and what *Education*, or *Custom*, or *Curiosity* will induce to; and are rather cold *Intimations* of a Man's *Opinion*, than of his *Faith*. And though a Man may be also an *Hypocrite* that *Communicates*; yet nevertheless he becomes thereby an outward *Professor*, and appears a *Disciple of Christ*. Whereas the *Non-Communicant* appears quite otherwise, however sincere and zealous he may be in his other *Acts of Religious Profession*, because he doth not *Confess Christ*, here-in before *Men* in the most significant way, but denies him by not complying with it. Inasmuch that the best that can be said of such is, That they profess *Religion*, but not *Christianity*; and that if then, they are *Christians*, they are so without the *Proper Profession* of it; and, for such *Denial*, and with-holding thereof, they hazard *Christ's Denial* of them before his Father which is in Heaven, Mat. x. 32, 33.

5. Neither further, is it only the *Outward Profession* that is hereby suppressed, but it is even the *Baptismal Covenant* that is implicitly *Renounced*. Which being made without our *Knowledge* and *Consent* when *Infants*, and since so frequently violated, doth oblige us to take it upon our selves. And for such a *Renewal* of it this *Ordinance* is appointed, when we arrive to *Years* and *Capacity*. But to neglect this, what is it, but a withdrawing our *Consent*, or refusing to Seal what was promised in our Name; or denying our selves to be under any *Promise* thereby, and that we are resolved to continue as free as we can, to be at our own *Dispose* and *Pleasure*? For if we *Own* or *Like* the *Engagements* of our *Baptism*, Why do we not *Confirm* and *Renew* them? Because, while we *Refuse* or *Delay This*, we *Renounce*, and make void *That*; and *Declare*, that had it been in our *Power* or *Choice*, we would never have con-

sent to one more than we do to the other. So that hereby, as much as lies in our Power, we are reduced to the State of Infidels and Heathens. And then it will be less strange if we add, That hereby, moreover,

6. *A main Article of our Creed is denied, viz. The Communion of Saints, even with Christ, and with one another.* Whereof this Sacrament is a principal Instrument; intended as an especial Intercourse between Christ and his Church, in the spiritual Communication of his own Body and Blood, and most affectionate Union of his Members thereby, both to himself and to one another. A refusal whereof, is both a denial of the Christian Faith, and Excommunication from the Benefit of a Fundamental Church-Privilege. And for a Non-Communicant to profess he believeth the Communion of Saints, is to publish his own Hypocrisie; and to Profess that he knows God, but in Works denies him, Tit. i. 16. Nor only is Faith hereby denied, but also,

7. *An instituted Means of Grace is neglected.* This Sacrament being an essential part of Public Christian Worship, and an appointed Conveyance of the Blessings of the New Covenant; and without which, where an extraordinary Providence doth not interpose, the certain Application thereof is not to be depended on. For as God is not ordinarily wont to work without Means, so it belongeth not to us to confine him to the Means he shall work by. And though all the Means of Grace tend to one and the same end, of Sanctification and Salvation, yet they operate several ways towards it, each according to its own Nature; and where therefore God hath commanded us to use Means more than one, there the use of all but one is neither a sufficient discharge of Duty, nor right qualification for that Grace which is promised to a sincere use of all. So that he that neglects to do this, whatever else he does, he falls

short

short of Duty, and is chargeable with the neglect of his own Salvation; and of having done despite unto the Spirit of Grace, Heb. ii. 3. 10. 29. Which, as it is fatal to the Guilty Person, so,

8. *It is an Offence and Discouragement scandalously given to the innocent and best Men.* Not only Ministers grieving to see the untractableness of their People, and successlesness of their Endeavours: But many Unwary Souls suffering by the Number and Authority of such Misleading Examples prevailing upon them; and the Zeal of Believers is apt to be dampt to see so few of their Mind, and the solemnity of the Ordinance so much check'd and defac'd. And this, then, lays open,

9. *An Inlet to Divisions, Ignorance and Immorality, to the Churches ruine, and the overthrow of Christ's Kingdom in this World.* This Table was anciently accounted a Sacred Tye and Contession of Christians Communion; which while all duly frequented, Union and Peace made the Church Flourish; and the Flock never scattered till this Fold was forsook, and liberty taken to divide into Parties, as the great Enemy of this Sacrament, and of Mens Salvation, pleased to seduce them. And then the necessary Preparations for Communicating being refused, and the benefit of Spiritual Assistances thereby wanted, Mens Minds soon grow dark and senseless, and Truth and Duty are neither apprehended nor searched after; and one of the strongest restraints from Impiety is thrown off; a way made to Sin without either shame or excuse; and hereby a devastation brought upon the Church, which no endeavours have hitherto been able to stop or prevail against. So that whereas Unworthy Communicants Eat and Drink their own Damnation, the more Unworthy Non-Communicants occasion, what in them lies, the Damnation of all, and Damn even Religion it self. And this, therefore, is,



10. Lastly, *What is likely to create insupportable grief and trouble at the Hour of Death.* When the want of this *Sacrament* is wont to be perceived, and hath ever been accounted a most seasonable *viaticum* or Provision wherewith Souls might *depart in peace*; and without which they usually live but to make themselves more afraid to Die. It having been truly observed that for the most part Persons are found to be *Comforted* or *Dejected* on their *Sick-Beds*, according to their *Communicating* or *Non-Communicating* in the time of their *Healths*; in-somuch that 'tis difficult to determine which is most rare, in visiting the Sick, to find a *Communicant* troubled in Mind, or a *Non-Communicant* (whom God hath given any sence of his state) that is not.

All these Aggravations as they discover the heinousness of the Sin violating so peculiar a Command, so will they vindicate the justness of that vengeance threatned against it. Which is the last Argument to be urged, even,

VII. *The Everlasting Damnation it exposes to.* Which is the *Wages* of all Sin, and includes the utmost Punishment of any Sin, and is the peculiar danger of breaking this Commandment. For it is *Damnation* if it be abused or complied with *Unworthily*; He that *Eateth and Drinketh Unworthily, Eateth and Drinketh Damnation to himself* (as it followeth the *Text*). And it is no less so if it be *Disused* or *Neglected* unreasonably. For except ye *Eat the Flesh of the Son of Man, and Drink his Blood, ye have no Life in you* (saith our Saviour,) *Joh. vi. 53.* Which words, though spoke before the Institution of this *Sacrament* (as was likewise that Discourse of *Baptism* to *Nicodemus, Joh. iii. 5.* before *Baptism* was appointed for a standing Rite in the Church), yet did the *Ancient Church* generally understand them of Eating *Christ's Flesh* in this *Sacrament*.

And

And whether they, and other later Expositors of their Mind, are right or wrong in their Interpretation, yet their Opinion is certainly Orthodox; since this danger of Everlasting Death and Damnation is no other than what the Sin deserves in its Nature, and tendeth to in its consequences, and what is expressly threatned to the neglect of *Baptism*, (which is the other Sacrament of equal rank with this;) And what was the appointed Punishment for the neglect of the *Jewish Passover*, which was but a Shadow or Temporary Type answering hereto, being the same under the *Law*, as this Feast of the *Lord's-Supper* is to us under the *Gospel*, when *Christ as our Passover* is now also *Sacrificed for us*. So that the *Danger* of Sinfully omitting this Duty is apparently no less *Damnation*, than of any other Duty; and the *Necessity* of obeying this *Command* the very same as *Eternal Life* is to us.

And if all these ties of Conscience be now rightly put together, then surely it will appear, that if God Almighty hath required any thing at Mens Hands, that may be called *Religion*, in order to *Salvation*, This Duty must come under the same Necessity and Obligation; and from this nothing can dispence, but what Divine Providence may permit to be an insuperable Bar against all possibility of *doing* this. So that none of those *sorry Shifts* and *designed Pretences*, so ordinarily made use of, and desperately trusted to, can possibly acquit us, unless assurance could be had that either our *Saviour* did not intend what is here *commanded*; or that God hath provided for the Innocency of *Omission* by as positive a proof of Scripture as he hath here declared for the necessity of *Performance* of this Duty.

The due consideration hereof will naturally tend to beget and nourish a just Esteem and Veneration for the constant and frequent use of this Holy *Sacrament*: And caution us to be as apprehensive and

shy of violating this *Command* enjoying it, as any other Duty prescribed in the *Gospel*. And the rather, because its neglect is become so customary, and Examples are every where so numerous and prevalent to seduce. So that, however scandalous and sinful it is in it self, yet there is no Sin persisted in with less reproach and more quiet; nor apologized for more unreasonably and conniv'd at with less concern to the dishonour of *Christ*, and visible decay of *Christianity* among us.

*Almighty God, therefore, by his Effectual Grace so vindicate the Necessity of this his own Ordinance, and seasonably reduce all to their Duty in Respect thereto: that by the constancy and worthiness of our Doing this in remembrance of his Dear Son here on Earth, we may be remembred by him, for good, now he is in his Kingdom in Heaven: To whom be Glory now and for ever. Amen.*

S E R M O N

# S E R M O N the Second.

## O N T H E

### Excuses for Non-Communicating.

LUKE xiv. 18.

*And they all with one consent began to make Excuse,——*

**H**AVING in the foregoing Discourse urged the *Necessity* of the *Sacrament* of the *Lord's-Supper*; I shall to succeed and compleat what hath been therein offered, add some further Endeavours more to remove the most usual Pleas alledged to excuse and hinder the due observation thereof.

For which end these words afford just occasion, being part of a Parable made use of by our *Saviour*, whereby to convince the *Jews* of their gross neglect of the gracious tenders of Mercy and Blessedness that had been made unto them. *A certain Man*, saith he, *made a great Supper, and bad many, And sent his Servant at Supper time, to say to them that were bidden, Come, for all things are now ready. And they all with one consent began to make Excuse. They not only refused the Invitation, but sought to justify their Refusal*; nor was there only here and there *One* of the *Guests* that did so, but *all with one consent*: Implying it to be a general Sin to slight and reject the Grace of God, and to persist in the fault upon



upon a company of Excuses fair and specious in *shew*, though in *reality* vain and frivolous. Insomuch that if to *Excuse* were to *Justifie*, *Offenders* would be as rare as *Offences* are common, there being no Sin thought so good that all will be willing to own who are guilty thereof, and none so bad but most know how to make *Excuses* for. *Excuse* (as one says) *being a cover that will fit all Sins*; so that as there is no Sin necessitated to be without it, so there is none more extravagantly indulged therewith than the Sin of *Non-Communicating* in the *Lord's-Supper*. Of the Odiousness whereof Men are so sensibly apprehensive, that they durst not so customarily turn their backs upon so acknowledged a Duty and Sacred Ordinance, had they not always in a readiness some formal pretence, wherewith they endeavour to stop for the present the mouth of Conscience. Therefore do we see while some very few good Christians do duly and constantly present themselves before the Lord at his Table, out of a Sense of Duty; Multitudes of others; some of whom would be thought no less good, if not much better, do totally absent themselves, or neglect to appear there so oft as they might, as they also pretend out of Duty too. They will not call it a Sin to absent from the Holy Feast, because themselves refuse the Invitation thereto; and to endeavour therefore to make it something else, they usually daub and palliate this their fault with pretences drawn from Arguments of all sorts, serving to every occasion relating thereto; some being intended to excuse a *Total*, and others only apologizing for an *Occasional*, however frequent, *neglect* hereof.

Of the *former sort*, some respect more immediately *themselves*, who are the *Guests* invited; objecting a sense of their own *Unworthiness* to come; the necessary Temptations of their particular *Callings* to indispose them, and *inability to answer the design* of

of coming, by a life suitable to their renewed Obligations afterwards. Some further, respect more strictly the *Ordinance*; which is the Feast invited to; alledging its *Sacredness*, its *Difficulty*, its *Danger*, its *Unprofitableness*, and *Male-Administration*. And others also, cast the Blame upon *Others*, that are the *Company* they are invited with; complaining that *Most*, and some of the *Best* refuse to come with them; and of those that do come, there are too *Many* whom they care not to joyn with therein.

Of the *Latter sort*, are all those *Occasional Hindrances* insisted on to serve only a present turn; which, not preserving from immediate *Guilt*, are no less requisite to be consider'd; and some of which however trivial, yet being objected, will deserve to be answer'd. The most usual we meet with insist one while on the *Want of Charity*, either in themselves towards others, or in others towards them: Another while, on some *Family Indispositions*, whether by *Sickness* in themselves, or some other; a late *Feast*, an unseasonable *Visit*, or *Disappointment* of the *Company* intended to joyn with them: And, too often, even the *Unseasonableness of the Weather* is made an *Excuse* for the *Omission* of such an *Opportunity*.

For there is hardly any *Non-Communicant* but will find something to say; and there is hardly any thing that is commonly said by them, but may be reduced to some of these *Arguments* here mention'd; whereby the *Sin* of their *Omission* is endeavoured to be excused. If there should happen to be any *Objection* not here taken notice of; 'tis likely to be somewhat less material; that may find its *Answer*, either here, or may deserve none; and he that will not take then his *Answer* to his *Objection*, will remain, as to all humane *Endeavours*, irreclaimable, and as to all humane *Appearance*, nigh unto a *Reprobate State*; so that having forsaken

## 24 *Excuses for Non-Communicating.*

ken God, he is deserted by him; and being prejudic'd to Duty, nothing shall ever be said to convince him of his Sin. Which is, indeed, the most rational Account that can be given of the continued use still made of any Excuse, after so frequent and apparent Refutations of all that have ever yet been made against this Holy Ordinance. For,

I. *As for those intended to Excuse for a Total Neglect of the Sacrament; as they are Unlawfully urged, so are they Weakly grounded.* For the Neglect of a known Duty is inexcusable. There may be an Excuse for an *Interruption*, but there can be none for a *Neglect* to do what God hath positively ordered to be done. And therefore, this if well weigh'd and applied, would serve for Answer to all the *Excuses* of this kind. However, to abate of their Fondness for them, it will be requisite also to Display the Weakness of the Arguments Men depend upon to be excused by, from whatever Head they are taken. And therefore, consider we

1. *Those respecting more immediately themselves, who are the Guest's invited; objecting a Sense of their own Unworthiness to come; the unavoidable Temptations of their particular Callings, necessitating their Indisposition thereto, and their mistrust of Ability to answer the Design of their coming, in a Life suitable to their renewed Obligations afterwards.* None of which will appear to be sufficient, were it allowable to make any Excuse for a Total Omission of so absolute a Duty. For,

1. *A Sense of Man's own Unworthiness to come, when invited to this Holy Feast, is no reason at all to excuse their not coming.* Because it favours of *Pride* and *Folly*, to think we must be *Worthy* of the Divine Favours, which must all be acknowledg'd to be above Man's desert, even to the least common Mercy we enjoy. Not our *Merit*, but only our *Fitness* is Re-

quired

quired to receive them; whereof a penitent and humble Sense of our selves is a principal Disposition, without which no Man can approach to this Ordinance, in any Sense *Worthily*. For this is a *Feast* prepared not for *Angels* and glorified *Saints*, but only for humble and penitent *Sinners*. And such, by the *Grace* of God, and their own sincere *Endeavours*, may the most *Unworthy* become; *these* being in every Man's Power to make use of; and of the other this *Sacrament* is an instituted means; (that excellent Degree of Goodness, which Men would have to fit them for it, being not to be had but by the use of it.) The *Neglect* whereof renders more *Unworthy*; and a sincere Man will scruple no less the Sin of *Omitting a Duty*, than the hazard of *Performing it amiss*. His equal Fears on both sides will make him diligent in seeking Satisfaction, and in endeavouring such a Reformation, as that he may offend neither one way nor the other. For it is not our *Sense*, but our *Guilt* of being *Unworthy*, that is the only Indisposition for receiving the Sacrament. And if it be *Guilt* that makes us fear to come *Unworthily* thereto, then why should not the fear of *Guilt* make us afraid to absent *Sinfully* therefrom? And if we fear *Guilt*, why do we not use the means to be rid on't, by a speedy breaking off our Sin of *Neglect*, and by a ready Compliance with our Duty of *Receiving*. For so long as we persist to *Neglect a known Duty*, we certainly continue to live in a *known Sin*: And so long, we are unfit and unworthy to serve God in *Any Duty*; and from a Sense of *Unworthiness*, have as much reason to refrain our *Prayers*, as being *Abominations*, *Prov. xxviii. 9.* And for the same reason that we yet think our selves obliged to *Pray*, ought we also to *Communicate*; and must resolve it to be better to do our Duty, if not as well as we would, yet as well as we can, rather than not do it at all. For no Man that doth



his Duty as well as he can, needs to fear his doing amiss; but he that, for fear of doing it amiss, neglects it, he necessarily offends; and is as unfit to *Die* as he is to *Communicate*, and no more excusable hereby from one than the other. For there is a positive Law to do both; and though only *one* can be omitted, yet *neither* is excusable from a sense of unfitness. For we must *Die* whether we be fit or no; And we must *Receive* and fit our selves for it in obedience to the same Divine Will. And as no Man goes about to excuse his Dying for fear of his unpreparedness for it, so ought none to excuse his *Non-Communicating* by an Argument that will not alter his Circumstances in *Dying*; and which indeed, were it admitted, would never permit a Man to be prepared for either. For might he be excused *Dying*, as he excuseth himself from *Communicating*, by his fears about his Fitness for it; as he would never think himself fit, so would he never consent to do it; but think himself the more excusable, the longer he defers, having more reason to fear, as he would have more guilt to account for. So that to plead *Unworthiness* for *Neglect*, that ought only to be repented of and amended, in order to our speedy and constant *Performance* of Duty, is a plain declaration of an intention never to do it at all. Because it is (where once admitted) an excuse that will never be answered; and will improve by use. Infomuch that it is a Common Observation that those who insisted here-upon Ten or Twenty Years ago, do so still, and may as well do it as long as they live, thereby to excuse for their never *Receiving*, being still unsatisfied about their *Worthiness* for the *Lord's-Supper*, as they ever will have more reason to be, the longer they absent themselves from it. In like manner,

2. *The unavoidable Temptations of any particular Calling* (pretended to necessitate an indisposition to this Ordinance) cannot be a sincere *Excuse* for its neglect. For a Man cannot hope to live in this World in any Calling, or Circumstances of Condition free from *Temptations*; which the *World* is full of, and our own false *Hearts* are ready to catch at, and the Devil's Subtily and Malice disposed to insnare us by. And this therefore is no necessary *Sin*, to indispose for Duty; because it is what cannot be helped, and which may be designed, in the exercise of our Graces much to our *Advantage*, the rather to dispose us for this Ordinance; and to urge us from a sense of our continual danger, to a more frequent and zealous use thereof for our Security. And therefore the greater *Temptations* we have to encounter, with, the more vigilant will it concern us to be, and constant to our Duty. And no Men in the World have more need of *Spiritual Helps*, than such as are necessitated to converse most in *Spiritual Dangers*: Neither have any so much reason to complain of *These*, as to Repent of and Reform a neglect of *Those*; It not being the *Temptations*, but *Sloth* and *Carelessness* to resist *Temptations*, that renders any Condition or Calling inconsistent with Duty. For, ordinarily, it is our own abuse that creates the *Temptation* of any Calling; and there is no lawful Calling but may be used lawfully, and its *Temptations* be resisted and overcome. And no doubt but there have been sincere and upright *Christians* of every Calling, even amidst the greatest hazard of *Temptations* and hurry of Business, walking in all the *Commandments and Ordinances of the Lord, blameless*. And, I think, there is no *Calling*, upon the account whereof, any Man thinks himself obliged to disclaim God and all Profession of Religion.

Tho' this may as reasonably be done, because equally indisposed for thereby, as this Ordinance is. No Service is acceptable under the Power of a *Temptation*; and no Employment more necessitates to neglect the *Lord's-Supper*, than to cast off the practice of all other Religious Duties; which rather than become guilty of, it becomes an indispensable Duty to leave such employment, or at least to leave out of it all such practices as are sinful; which are not to be persisted in, though we were under no obligation to receive the *Sacrament*; being to prefer *Innocency* to *Worldly Gain*. So that whatever a Man's *course of Life* is in this World, yet may he be a *Worthy Communicant* if he will, notwithstanding the *Temptations* he may struggle with; whereby his neglect will be aggravated, but can never be justified. Finally,

3. *A mistrust of Ability to answer the design of Communicating, by a future Life suitable to the Obligations renewed in the Lord's-Supper cannot excuse its neglect.* Because it is unreasonable to fear and mistrust *Ability* to do any thing that God hath made a Duty: Who best knoweth what we can do, and hath obliged us to nothing impossible. For it is not a Sinless state of Perfection that God requireth from us, or that we hereby oblige ourselves to: But only a *Penitential state of Sincere Endeavours*, never to offend God wilfully, to watch against *Surprizes*, and it at any time we are ensnared, not to persist in our Fault, nor ever return to an habitual course of Wickedness, but speedily to repent and amend. And by God's help, (which is never denied any that heartily desire and make use of it) this any one may do; and must do, whether ever he renew his Promise thereof in this *Sacrament* or no. For this is what he hath vowed in his *Baptism*, which is of Eternal Obligation to him; And what all his hopes of future welfare

welfare depend on, without which he is irrecoverably undone for ever. And this, therefore, being of absolute necessity, is no more to be scrupled for fear of any consequent Danger, than the *Eating* our Meat is to be forborn for fear of its breeding *Diseases*, or the Administration of a proper *Remedy* to be refused, for fear of a *Relapse*. For no Man is necessitated to *Violate* the *Vows* he reneweth in this Ordinance, but he is absolutely necessitated to a frequent Renewal of them herein; and by so doing will be most likely to be able to keep them; whereby they are rendred more Sacred; and a regard and remembrance thereof will be hereby quickned and confirmed; and a means of God's own appointment, which will be sure to be accompanied with the Divine Blessing, honestly used. And the visible good success of such Communicating ought to convince us that there is no such danger of breaking our Vows then rightly renewed. For how ill lives soever some few *Communicants* should be observed to lead; this is, indeed a good Reason for caution to us, to make our Sacramental Promises upon true Principles of Piety, (which those, 'tis likely never did) but is no reason to make us fear our not making good what we shall rightly promise. Otherwise, this Ordinance would be so far from being what it is designed to be, an *Instrument of Holiness*, that it would prove only a Snare to aggravate Guilt, and which then, the Tempter would be so far from suggesting scruples to hinder Men from; that he would be sure to employ his subtilty to draw them more to it. Whereas, 'tis evident, that where there is one Sinner that perisheth, by returning to a course of Wickedness after such Sacred Vows repeated against it; there are Thousands that perish, that would never be prevailed with to confirm hereby their Vows, ever to



amend at all. And, finally, supposing it should happen according to these pretended *Fears*, (which yet is very unlikely, and as well secured against as is possible) that a Man should return to his former course of Sin after his Vows renewed at the *Lord's-Supper* against it; yet doth not even this (though greatly aggravating guilt) render such an one's Condition *Desperate*, nor more *Dangerous* than theirs who obstinately refuse to Vow against their Sins hereby at all. For even such a *Relapse* is, through the Merits and Satisfaction of Christ Pardonable upon a renewal of Repentance, for which this Ordinance is both the Means and Opportunity; Whereas a continued neglect of Receiving the *Lord's-Supper*, and wilfully persisting in the Sin of omitting a known Duty is a state of *Impenitence* for which there is no Pardon. And therefore, far more reason is there to fear our continuing *Non-Communicants*, than to fear our *Inability* to live worthy *Communicants*; which it is so unreasonable, and pernicious to fear, so as not to endeavour it at all.

Thus easily and fully answerable are all the *Scruples*, respecting the *Communicant's* sense of *Unworthiness*, the *Temptations* of their *Callings*, and *Mistrustfulness* of their *Ability* to answer the Obligations of this *Fæderal Rite*, wherewith a *Total neglect* thereof is usually Apologized for. Proceed we to consider next,

2. *Those respecting more strictly the Ordinance it self*, which is the *Feast* invited to, alledging its *Sacredness*, its *Difficulty*, its *Danger*, its *Unprofitableness*, and *Male administration*; which however Zealously urged, will yet appear but weak Arguments to Justifie a *Non-Communicant*. For,

I. *The Sacredness of the Lord's-Supper* (it being a Feasting on the *Body and Blood of Christ*, and Eating at the same Table with Almighty God) is what cannot be too much rever'd, and in the sense whereof all ought to be aware of *Presuming* thereupon, and be tenderly cautious of the *Prophanation* thereof: But from the sense of this totally to neglect, or infrequently to comply with its Institution, as is pretended by some, is evidently unreasonable: For by such a Sense Men can only be qualified to *Communicate worthily*, and will be least liable either to *Presume* upon or *Prophane* the Ordinance. Neither is it *Humility* but *Presumption* to refuse to do whatever God hath commanded; that being a Feigned *Reverence* which discards *Obedience*; upon which pretence the whole *Christian Profession* may as reasonably be slighted; the Sacredness, and Honour and Privilege whereof is no less above us, such as could never have been modestly aspired after, had not the unbounded kindness of Heaven freely offered and invited us to accept it. Which therefore we think our selves obliged to do with all humble Thankfulness, and dare not refuse it out of a pretence of Modesty and Self-abasement. Nor need it to be feared that *Familiarity* in Spirituals will *breed Contempt*, as it is observed to do in Temporals; since the worth of those ever as much exceeds, as the Satisfaction of these fall short of Fancy and Expectation; and which therefore improves as much in one, as it decays in the other by *Use*. Only *Mis-usage* and *Dis-usage* can render *Sacred* things Contemprible; which is all that belongs to us to fear; so that if so be we do our Duty as *well* and *often* as we are required, we ought to leave the Vindication of its Honour to God, who will take care of his own *Institutions* himself; our Constancy wherein, is the only means of begetting and expressing

our Veneration thereof; which Neglect reproaches. And therefore the *Primitive Christians* who knew best how to esteem the *Sacredness* of this Ordinance, and made the most exemplary Profession of *Humility*, are generally observed to have been the most constant and frequent herein; being so far from refraining wholly, or complying rarely out of Modesty and Veneration, that they *Communicated* daily; so that our *Reverence* is of a much differing make from theirs, if it produce such contrary Effects; and may justly be suspected to be (as one calls it) but the *Devil in Samuel's Mantle*, *Sloth* clad in the Habit of Humility.

2. *The Difficulty of Worthily Communicating*, is no *Excuse* for any one's Neglect of the *Lord's Supper*. Because good things are always Difficult, and Diligence and Labour is Man's Duty; which is never more advantageously expended than in the Service of God; nor more reasonably required than in this Duty. For herein nothing is imposed that is impossible; nothing but what is necessary to render us good Men, and acceptable Christians; which however Difficult at first, yet is never complain'd nor repented of by them that have been inured thereto; who are desirous to be saved upon any Terms; and think themselves obliged to obey God, in his more harsh as well as easier Commands: Being assured, that no *Labour* will prove to be *vain in the Lord*; that the Service of Sin and Lusts exact much more; to which only is owing all the Difficulty that we are necessitated to undergo herein; for which there is always proportionable Assistance proffered to help through; and wherein no more is required, than what we have Ability and Leisure for; so that *unto whomsoever much is given, of him only shall much be required*, *Luke xii. 48.* and provided there be no wilful Neglect of due Preparation,

Preparation, God requires and will accept of such as Men can make. So that no Pretence of Difficulty, or want of Time and Ability ought to be urged, or can ever be allowed to put us by our Duty in this Case. And to further,

3. *The Hazard and Danger of Communicating Unworthily*, is very impertinently, and impiously urged to discourage Persons from *Communicating* at all. Because, though it is said, That *he that eateth and drinketh unworthily, eateth and drinketh Damnation to himself*; yet, probably, the *Damnation* here threatned to the unworthy *Corinthians* was peculiar to them, and those first Ages of the *Church*; executed in miraculous Strokes of *Diseases* and *Death* (the Power whereof is now ceased) as a Judgment for their open *Schisms* and *Gross Intemperances* introduced by their *Love-Feasts*, (the occasion whereof is also now wanting.) Or however, *Damnation* is no where represented to be the certain consequence of *Communicating*, and we may avoid it if we will, and yet come to the *Sacrament*; and there is as much *Danger* in unnecessarily Absenting from it; which only *changeth* but *abateth* nothing of Guilt; there being a *Rock*, we may split on, on each hand of us. Nay, of the two, it is more of *Contempt*, that exposeth to more *Guilt* and *Danger*, to Neglect the *Sacrament*, than to partake of it *Unworthily*; because, he that lives in a continued Neglect of a known Duty, hath no reason to fear being in a worse Condition; and he that continues to do his Duty may thereby better it, by God's Grace if he will. And therefore, the only reasonable Inference from the feared *Danger* of *Unworthily Communicating* is, for our Safety, to use Care and Endeavours, that we neglect not to *Communicate as Worthily* as we can: otherwise upon the same Pretence, any may justify a renouncing of all Religion; the unworthy Performance of its other Duties, incurring



incurring a like *Guilt* and *Danger*, whereby a Man may Damn himself for fear of Damnation. Again,

4. *The Unprofitableness of this Ordinance*, pretended to be experienc'd in themselves, or observ'd in others who use it, cannot excuse a sinful *Neglect* thereof. Because, it being made our *Duty*, it must be persisted in, whether we are better by it or no; wherein we intend chiefly to serve God; and are bound to observe his Will, in whatever he pleases, not only *without*, but *contrary* to our Interest. Hereby, having done our *Duty*, we cannot be worse, as we necessarily must have been, had we neglected it; and if we do it as we ought we shall be better; since whatever can be hoped to make a Man better, is hereby conveyed both from the Vertue of God's *Promise*, and the Nature of the *Duty*, if not always Presently, or in the Instances and Degrees expected, yet always Effectually, according to our Needs and Capacities, as God sees fittest for us. And therefore, he that is not better hereby, it is only through his own Fault; which also will frustrate the Benefit of all other Ordinances, which being more frequented, may as reasonably be forborn and renounced together with this *Sacrament* upon this Pretence, that will remain no longer than Men are willing it should do. Finally,

5. *The Male-Administration of the Lord's Supper*, complain'd of by some in our *Church*, from sometimes a Dislike of the *Minister* administering, and sometimes an aversion to the *Posture* it is required to be received in, is a no less unreasonable *Apology* for the *Omission* of this *Duty*, or for *Separation* from our Assemblies.

1. *For the Minister administering.* Be he what he will, yet he is a Divine Officer, and ought not to be censured or despised lightly. Neither are all alike faulty; so that this *Excuse* will not serve for all Persons nor at all times: There being plenty

(God

(God be praised !) of such Ministers in our *Church*, as from which the most nice need not fear Pollution. And where it is otherwise, though it is a Deploable thing, and matter of Humiliation, yet it derives no Detriment to the *Ordinance*, nor Guilt to the *Worthy Communicant*; the Virtue of that depending on the Promise of God, whole Institution it is, and the Acceptableness of this only on Mens own Worthiness; wherein being well satisfied, none have reason to think worse of the Gift, for the hand it is sent by; there having always been scandalous Ministers concern'd in Administration of Holy things in the *Church*; and wherewith *Communion* must never have been held, if none was to be had where such were. And therefore, our *Saviour* himself did Communicate where such did Officiate; not rejecting the Ministry of *Scribes* and *Pharisees*, who were as bad Men or worse than any now complain'd against. And so,

2. *For the Posture required to Communicate in*; which in our *Church* being *Kneeling* some there have been who have charged this with favouring too much of *Idolatry*; unsuitable to our *Lord's Example*, and the Nature of the *Sacrament*; never used in the *Church*, till introduced by the Doctrine of *Transubstantiation*; wherewith they not liking to comply, they therefore refuse *Communion* in this *Sacrament* with us. Whereas all agree that *Kneeling is contrary to no express Law of Christ* that obliges to the observance of any different Gesture. For this is left uncommanded, and cannot therefore be a Sin; nor can it be any good Reason to refuse to do *what is bidden*, unless also we may do *what is not bidden*, and omit a Divine Command, unless we may perform it after our own manner. Nor is *Kneeling any culpable Deviation from our Lord's Example* in the first Institution in this *Sacrament*: It not being certainly to be proved, what particular  
*Gesture*

## 36 *Excuses for Non-Communicating.*

*Gesture* he either then used himself, or his *Apostle* after him herein; which, however being no part of the Institution, the Institution is not broken, though the Posture be altered; concerning which, *Christ's* bare Example cannot oblige without his Command whereto the Posture of *Sitting* is as unconformable as this of *Kneeling*; and which is complied with best by them, who obediently submit herein to the Custom and Constitution of the *Church* they belong to. Thus a *Gesture of Devotion* seemeth best to suit it, being a Religious Feast, and an Act of *Christian Worship*. And it no way contradicts the general Practice of the Church, both now and in the first and purest Ages of it; neither can it be proved to have been first brought in by *Idolaters*; or if it were, not therefore to be concluded sinful; being out of danger of *Idolatry*, as used and enjoined in the Church of England, where all such Intention is expressly disclaim'd, and which if owned would be *Idolatry*, whatever the Posture were; and which, Finally, if Men have either a due value for *Authority*, or a sincere Desire of this *Sacrament*, for the sake hercot, rather than disobey the one, or miss of the other, they ought at least to comply with; the Inconvenience of a *Gesture* having nothing to preponderate the danger of a *Schism*.

And thus have we briefly vindicated this Sacred Ordinance from all those usual *Scandals* commonly reflected upon it, whereby Men are wont to endeavour to *Excuse* for its sinful *Neglect*; and which ought hence to appear to be the more *Inexcusable*; although there are, further, to be considered,

3. *Others casting the Blame upon their Brethren* that are the *Company* they are invited with; complaining that *Most*, and some of the *Best* refuse to come with them; and of those that do come, there are too many, whom they care not to join with therein: Presuming that the *Example* of some that

that are *Non-Communicants*, and the *Unworthiness* of others that are *Communicants*, may warrant any ones *Omission* of this Duty; which are not more certainly made *Excuses*, than evidently unreasonable and groundless *Pretences*. For,

1. *The Example of never so good Company* abstaining from the *Lord's Supper*, cannot excuse for any ones *Neglect* of it. Because, in judging what is *Duty*, we are not to take our measures from other Men's *Practice*; which is apt to be faulty, and is never fully answerable to their own Duty, and therefore a very false Rule whereby to judge of ours. Neither is Disobedience in the best of Men any warrant for the like in us; because we are always obliged to do our Duty, whether others observe it or no; and it is not the *Example* of any other, but only the *Command and Will of God*, that is to over-rule us in every Action. And therefore it cannot be any part of a Man's *Goodness*, to abstain from this Ordinance, which God hath *Commanded*, (*Goodness* not consisting in disobeying, but in the quite contrary.) And though a Man may be acceptably good, whilst through invincible Scruples, and an honest Ignorance he doubts his Duty, yet, being better inform'd, and once convinc'd, his *Omission* is not to be persisted in without presumptuous *Sin* that calls for *Repentance* and speedy *Amendment*; and it may be pity'd, but not imitated. And though,

2. *The worst of Men* are sometimes admitted to this *Sacrament*, and our *Communion* are *Mixt*; yet even This is no sufficient *Excuse* for any ones *Neglect* thereof. Since we ought to beware of being too *Censorious*, and should be willing to hope the best; not knowing but such come here to be better; and from whose *Communion* none



ought to withdraw, 'till they have first done their parts, in *Christian Admonishment*, to make them so; whereby they may be likely, to be either *Reform'd* or *Legally Excommunicated*; or if they should be neither; yet this *Admission* not being our Fault cannot hurt us, nor ought it to hinder us in doing our Duty; for which only our own, and not anothers Sins can indispose us. Every Man is to bear his own Burthen, and to *Examine himself*, and not another, before he *eats and drinks* at the Lord's Table; and there may be here a *Communion in Profession* without any in *Guilt*. Neither is there either *Precept* or *Example* to be found in *Scripture* sufficient to warrant any Man's withdrawing himself from this Ordinance because of the Presence of wicked Persons. For this favours of too much *Pride* and *Uncharitableness*; and as much indisposeth for a worthy Reception of the *Lord's-Supper* as any of those Faults condemn'd in others, whereby they fear the Ordinance and themselves are in danger to be polluted. And usually the better and more *Worthy-Communicant* any Man is, the more sensible is he of his own Badness, and less mind hath he to complain of the Badness of others; being more ready, were there any reason in this Pretence, to confess that others might as justly refuse *Communion* with him.

Thus have we briefly consider'd all those common *Excuses*, insisted and rely'd upon, for a *Total Neglect* of receiving the *Lord's-Supper*; which it is impossible for any thing to justify; being a Duty so *Positive* and easie to be understood, that nothing can *Excuse*, and every Excuse ought not to be allowed to suspend the performance of it. And therefore,

II. *As for those intended to Apologize only for an occasional, however frequent neglect of this Sacrament;*  
though

though doubtless, such there may be lawfully made, yet are neither all that are made lawful, nor lawfully urged to hinder a present Opportunity. The most usual whereof are, as was observed to be,

I. *The want of Charity*; whether in *our selves* towards others, or in *others* towards *us*: both which are too often made hindrances to this Duty, though neither always abate of the Sin of its neglect. For,

*The want of Charity in our Selves*, upon whatever Provocation from another, is a Sin in its self which can never Excuse the neglect, though it may hinder the right performance of any Duty. And therefore an equal necessity lies upon us to quit both Sins; and we are neither to be *Out of Charity*, nor to *abstain from the Lord's-Supper*, as we value our own Innocency or God's Favour, be it never so difficult to us. For whilst we are so, we shall be not only unfit to *Communicate*, but, also, even so much as to say our *Prayers*; wherein *Holy Hands* are to be *lifted up without wrath*, 2 Tim. viii. which will not only render our Addresses *unprofitable* but *prejudicial*. (Our *Forgiveness with God* being suspended upon our *Forgiving them that Trespass against us*). And yet are not all necessarily liable to this *Hindrance* who make it such to themselves; there being a possibility to maintain *Charity*, where there may be a *Difference*; and to suspect it to be *lost* when it may be *entire*. For there are many *Disturbances* of *Charity* which are no *Breaches* of it; and there are several degrees of *Brotherly Love*, which are not alike a Duty at all times, or towards all Persons: And these ought to be no matter of *Scruple*, (though often made so) to detain and excuse from a constant attendance on this Ordinance. For thus, sometimes, some have thought

themselves not to be in *Charity* enough to receive the *Sacrament*, because they cannot *Forget* as well as *Forgive* an Injury: Whereas it is not in our power, it may be, perfectly to *Forget* it; Nor would it be always advisable that we should do so if we could. And so long as our Remembrance designs no ill effect, it cannot hurt, nor ought it to hinder Duty. Others object their *want of Charity*, because they cannot but *think the worse of him that hath injured them*: Whereas this is not only *Natural* but *Necessary*, if it neither mistake nor exceed; such an *ill Opinion* being owing purely to anothers *Fault*, (whereof we may judge as we find) and not to any Inclination or Uncharitableness in our selves. Others, again mistrust their *Uncharitableness*, from the *Disturbance the sight of their Enemy gives them*; which is indeed, an Argument rather of *Impatience*, than of *Uncharitableness*, so long as it is void of any Motions towards Passion and Revenge; and expresses more of *Sorrow* than of *Hatred*; and may oblige us to moderate and shun the occasion of our *Grief*, by avoiding the Presence that disturbs us; but ought not to hinder our attendance on this Ordinance that is a means to support and quiet us. Yea, the *intermission of Familiarity* is sometimes mistaken for *Uncharitableness*: Which, if not *Causeless*, is *Prudence*; to secure our selves from future Injuries, and to Chastize our offending Brother for those that are past, in order to reduce him to Repentance and Reconciliation; and which is no way inconsistent with all Offices of *Justice* and *Peace*, which is as much love as we owe to any that hath done us a real injury. But the most usual and dangerous Suspicions of the *want of Charity* that keeps Men from the *Sacrament* is being at *Law*; which yet is no further inconsistent with *Charity* than as it is abused

## Excuses for Non-Communicating. 41

abused and made inconsistent with all other Duties of *Christianity*. Indeed the dangerous Temptations it is ever attended with, ought to make Men backward to go to Law, and be very wary in doing so, and more willing to hazard the loss of their Goods than of their Innocency: But being necessarily engaged therein upon a good Cause and weighty Concern without Malice, and willing to a reasonable speedy agreement, and there being nothing contrary to the *Duty of a Christian*, there ought to be nothing herein to hinder this *Christian Ordinance*. So that the want of Charity, in our selves, however plausible; yet is either oft in these mistaken instances thereof, a *groundless Excuse*; or always otherwise a *Sinful Hindrance from the Holy Communion*. And as little reason is there to make Excuses from

*The want of Charity in others towards us.* Because, if this be groundless, and we have given no just Provocation, then the Sin is wholly theirs and not ours, and may indispose them, but ought not to hinder us from doing our Duty. To be hated and molested by Enemies was the lot of our Blessed Lord, of his Apostles, and his best followers in all Ages. And although God requires us to *Love our Enemies*, yet he no where requires us to *make our Enemies to Love us*: But if the Fault be our own, and we have given some just occasion for others displeasure against us, then is it our Duty speedily to amend and not persist to hinder Duty by it; seeking *Reconciliation* by proper satisfaction, ingenuous Confession, humble submission, and sincere promises according to our Saviour's Rule in this Case; *Mat. v. 23, 24. When thou bringest thy Gift to the Altar, and there remembreth that thy Brother hath ought against thee; go thy way, first be reconciled to thy Brother, and then come and offer thy*



42 *Excuses for Non-Communicating.*

*Gift.* And therefore *want of Charity*, in no case, ought to hinder a constant attendance on the Holy Communion; since Charity it self may in both instances be greatly promoted by it.

2. *There are Family Indispositions* also, made *Hindrances* to this Duty, that ought not to *Excuse* from it: Such are, *Sickness in our selves* or *some other*; a late *Feast*, an unseasonable *Visit*; or *Disappointment* of the Company which intended to joyn with us.

As for *Sickness in our selves*, if it be to that degree as to indispose for any Business, or to render it unsafe to stir abroad, God will accept the Will for the Deed, who prefers *Natural* and *Essential Duties* before *Positive Institutions*, and *Mercy* before *Sacrifice*; wherein yet Men ought to be very Sincere, and to be Backward, and shew some trouble in *Excusing* themselves; and not contrive (as is but too usual) to aggravate the present indisposition by unnecessarily allotting such opportunities for times of taking Physick. And if thereby our own Business or Diversions need not to be hindred, neither can our Service to God be excused; especially in this instance which is so seasonable and suitable to support and sanctifie a Sick State. And lesser *Excuse* is there, where the *Sickness* that hinders is anothers. Hereby to be so far disturbed as to be unfitted for Duty, will argue *Impatience*, for which God may possibly deal worse with our Relation, for our Sin; whose *Affliction* ought rather to drive us to our Duty, and put us upon exercising true *Repentance*, and most effectually interceeding for Divine Mercy and Help in this time both of necessity and Advantage; God being never more inclined to hear, nor our Prayers likelier to speed than when offered with the commemorative Sacrifice of his Son, who has Authority and Merit to obtain

obtain all we want or can reasonably desire from him. And so for

*Feasting*, Whereby some excuse themselves from an opportunity of Communicating; because, it may be, the Day before they have either made or been at a *Feast*. Which, however unseasonably it was contrived, and might possibly have been better waived for that present, yet being innocently used it is *Friendly* and *Charitable*; and is nothing, if in all things else we are duly qualified, that is inconsistent with a worthy Reception of the *Lord's-Supper*, and which was an usual thing among the *First Christians*, whose *Love-Feasts* were not only on the same Day, but at the same time with their *Communions*. And to neglect our Duty for this, is to prefer our *Feasting with our Neighbour*, before our *Feasting with the Lord*; with both whom we are allowed a due correspondence together, and may be civil to one another without being unfaithful in our Service to God. Therefore, it is not *Feasting*, but only Sinning at a *Feast*, through *Intemperance*, *Rioting*, *Quarrelling*, or the like, which incapacitates for the *Sacrament*. This is a Man's own Fault; and he must Repent of it, and do so no more; and then he may yet be fit to Communicate, and ought not hereby to excuse his Neglect.

*An unseasonable Visit*, is no better an *Apology* for the Omission of this Duty. Because Acts of *Civility* ought always to give way to *Religious Acts*. And 'tis a part of *Friendship* to promote rather than hinder Obedience to God. If then our Friend be God's Friend he will joyn with us, or be pleased to find us Engaged in God's Service, which he himself preferreth before all Company, or if otherwise, he will be unworthy our Civility, and the loss of his Favour be better hazarded than that of God's who is our Chief Friend and Benefactor. When, there-

fore, more Honourable Persons, or better Friends invite or visit us than he; then, and not till then, let us turn our backs upon his Table, and pay them attendance instead of him. But since he can have no Competitors in this Case; where is the *Justice*, the *Honour*, the *Respect* and *Duty* to him, when this is given as a Reason, or made an hindrance of any ones absence at any time from the *Sacrament*? And such another lame *Excuse*, which Men are not ashamed sometimes to alledge, is

*Their Disappointment of the Company* of some one intended to joyn with them herein, accidentally prevented that they *could not*, or sinfully negligent and unprepared that they *would not come*; and therefore it is deferred at present, that both may *Communicate* together another time. Now this is a Sinning for *Company*, and to make our Friend's Disobedience an occasion of our own. Whereas it would be greater Kindness to them and our selves, to endeavour to atone for their Neglect by our Attendance; and by our good *Example* excite their Resolution and Care to do so no more. So unreasonably are such *Family-Indispositions*, made *Occasional Hindrances* to this Duty. Yea, too often,

3. *Even the Unseasonableness of the Weather* is made a Discouragement thereto. Which as it argues great *Indifferency*, so it betrays shameful *Partiality* in Men towards Religion; who are unwilling to undergo the least Inconveniencies for their *Spiritual*, and are resolute against all Hazards, and Hardships in their *Temporal* Concerns. For *Christians* that are Listed to *Fight a good Fight*, to *take up their Cross*, to *strive*, to *deny themselves*, even to the *plucking out an Eye*, and *cutting off a right Hand*, owe much more to the Service of their Lord, than this and such like Objections can amount to. *Carnal Delights*, and worldly *Gain*, we see every day pursued,

pursued, without Complaint, and to less Profit, through such Obstructions; which therefore, can never *Excuse*, but will greatly *Aggravate* Omissions of this Duty.

Such are the *Pretences* commonly insisted on, for a *Total* and *Occasional* Neglect of this *Holy Sacrament*. Some of which would have been not worth mentioning had they not been, by some objected; and there are none of them but might as well excuse from all Religious Duties whatsoever. And why they are only level'd against *this*, can no otherwise be more rationally accounted for, than by imputing it to our *Tempters* Malice, and Subtilty to ruin us with himself, by taking off hereby the greatest restraint from Sin, and cutting off the Neck of all Obedience in this one Duty; the Neglect whereof so infallibly introduces the Neglect of all other Duties. And considering then, whom such Scruples gratifie, and whither they tend; methinks, Men should at last begin to see the Delusion, and be more wary and jealous of their Safety and Interest.

But some there are, whom nothing will convince, they being sway'd by Prejudice more than guided by Truth; withstanding the clearest Evidence that stands not with their own Occasions. And such all seem to be, who presume to persist insensible under their *Great Prejudice*, upon little and so often confuted *Arguments* against this Ordinance.

In the *Primitive* Times, there was no *Excuse* to hinder Men from the *Lord's-Supper*, but what hindred them from becoming *Christians*. It is but of late, that Men began to profess themselves *Christians*, and at the same time Scruple this purely and principal *Christian Duty*. From which fatal



• *Excuses for Non-Communicating.*

fatal Folly may all desist before it be too late  
Returning to their *Obedience*, notwithstanding  
these, or any other *Pleas*; whereby no good Man  
ever need to be *Hindred*, nor any ill Man can ever  
be *Excused*. And,

O Lord, we beseech thee, let thy continual Pity  
cleanse and defend thy Church; and because it  
cannot continue in Safety without thy Succour,  
preserve it evermore by thy Help and Goodness,  
through Jesus Christ our Lord: To whom with  
the Father and the Holy Ghost, Three Persons,  
and one God, be all Honour and Glory, now and  
evermore. Amen.

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FINIS.

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